



## A FRESH APPROACH TO ENDING LOCAL HUNGER THROUGH ACCESS TO HEALTHY FOOD

### We are committed to distributing

- fresh, whole foods such as fruits and vegetables, milk, cheese, eggs, meats, and poultry
- foods with high and healthy nutritional values
- low-sugar, low-sodium, low-fat, and whole-grain items whenever possible

### We no longer distribute:

- pop or sugar-added beverages
- candy
- bakery sweets including: cake, donuts, cookies, pastries
- ramen noodles
- chips and other salty bagged snacks
- canned pasta

Adopted by Board of Directors May, 2013

Implemented Sept, 2013

---

**Purpose:** The Open Door, formerly the Eagan & Lakeville Resource Centers, champion healthy choices in employees, volunteers, and clients. We believe that every person has the right to access healthy foods. A healthy, sustainable food supply decreases chronic diseases, increases productivity in the classroom and workplace, and increases health equity in our communities.

- We commit to offering a high percentage of fresh and perishable food at our food shelves.
- We commit to removing food with low to no-nutritional value from our shelves and food drives.
- We commit to offering healthy food choices at staff meetings, events, and volunteer engagement activities.
- We commit to engaging the public in a healthy, equitable, and sustainable food system.
- We commit to advocating for policy, systems, and environmental change around food justice in the hunger relief community and beyond.