



**A FRESH APPROACH
TO ENDING LOCAL HUNGER**

Please drop off donations at:

The Open Door, Eagan: 3904 Cedar Grove Parkway, Eagan
Monday thru Thurs 9 am–3 pm, Tues and Thurs, 6 pm–8 pm,
or Fridays 9 am–noon

The Open Door Mobile Pantry Center:

14757 Energy Way, Apple Valley
Mon-Fri 8 am–3 pm or by appointment.

Items often needed at The Open Door Pantry

Fresh & Perishable: Please refrigerate and deliver same day

- eggs
- milk
- fruits & vegetables: apples, oranges, melons
- 'cellar' foods: vegetables with long shelf life like potatoes, winter squash, onions, carrots
- tortillas: corn, flour, or whole grain

Dry Goods

- oatmeal
- peanut butter
- rice: brown or white
- pasta: white, whole-wheat
- dried beans: black, pinto
- vegetable and olive oils
- cereal
- flour: white, wheat, mesa
- 100% juice
- canned fruit
- canned vegetables
- diced tomatoes
- sugar: brown, white, powdered
- pancake mix & syrup
- tuna and canned chicken
- macaroni and cheese
- hearty soups
- ketchup, mustard, bbq sauce, hot sauce
- salsa, soy sauce

When you give, your gift—great or small—will help stock our shelves with healthy, wholesome foods

- \$10** can provide 1 case of fresh eggs
- \$25** can buy 25 lbs of carrots from local farmers
- \$50** can provide 6 cases of wholesome milk
- \$100** can purchase enough Mobile Pantry fuel to bring food to 100 families
- \$500** can supply 1 weekly shipment of food from our food bank partners

**Quick & impactful
Donate gift cards!**
Gift cards to Cub, Target, Sam's, etc are 'emergency funds' that allows us to go purchase items when we run out.

We are committed to distributing:

- fresh, whole foods such as fruits and vegetables, milk, cheese, eggs, meats, and poultry
- foods with high and healthy nutritional values
- low-sugar, low-sodium, low-fat, and whole grain items whenever possible

Please do not donate:

- pop or sugar-added beverages
- candy
- bakery sweets including: cake, donuts, cookies, pastries
- chips

Thank you for your support!

If you have any questions about holding a food and fund drive, please contact Nancy at nancyw@theopendoorpantry.org

