

# Suggested Items



A FRESH APPROACH  
TO ENDING LOCAL HUNGER

## Top Five

1. White Rice (1-2 lbs)
2. Spaghetti or Tomato Sauce
3. Vegetable Oil (48 oz or less)
4. Canned Beans: Black, Kidney, Baked
5. 100% Fruit Juice (64 oz or less)

## Personal Care & Household

- Shampoo & conditioner
- Bar soap & body wash
- BIPOC Hair Care Products
- Toothbrushes & toothpaste
- Tampons & sanitary pads
- Laundry detergent
- Dish soap
- Paper towels
- Baby wipes
- Diapers: all sizes and pull-ups
- Toilet paper

## Drop Off Location

### The Open Door Eagan Pantry\*

3904 Cedar Grove Parkway, Eagan

- Monday & Wednesday: 8 am - 3 pm
- Tuesday: 8 am - 3 pm, 5:30 - 7:30 pm
- Thursday: 8 am - 12:30 pm, 5:30 - 7:30 pm
- Friday: 8 am - noon

\*After Hours Donations: can be left in donation bins inside our front door.

Please follow donation receipt instructions.

## Fresh & Perishable

- Fruits: apples, oranges, melons
- Vegetables: bell peppers, cucumbers, cabbage, squash, zucchini
- Tortillas: corn, flour, whole grain

## Dry Goods

- Beans: Black, black eyed peas, kidney, garbanzo, pinto, navy
- Cereal or granola
- Condiments: ketchup, mustard, BBQ sauce, hot sauce, salsa, soy sauce, mayonnaise, fish sauce
- Flour: white, wheat, Maseca (masa/corn)
- Fruit: canned or juice (low sugar)
- Hearty soups
- Lentils: red, yellow, and brown
- Milk: almond, coconut, oat (boxed)
- Oatmeal (instant & whole), grits
- Pasta: white, whole wheat, rice
- Peanut Butter, nut butters
- Pancake mix & syrup
- Rice: brown, white, wild, jasmine, basmati
- Sugar: brown, white, powdered
- Snacks: pretzels, popcorn, nuts, protein bars, granola bars
- Specialty diets: low sodium, dairy-free, low sodium, gluten-free, nut butters
- Coffee, tea
- Baby formula & food



Thank you  
for your  
support!

Questions? Contact Lisa Wendt at [lisa.wendt@theopendoorpantry.org](mailto:lisa.wendt@theopendoorpantry.org)

[www.theopendoorpantry.org](http://www.theopendoorpantry.org)